

# SONS OF THUNDER CHALLENGE

## STORM PREPARATION PLAN

1  
SCRIPTURE

5 MIN  
MEDITATION

25  
PUSHUPS

1 CAMP  
INVITE

4 TASKS. 14 CONSECUTIVE DAYS.

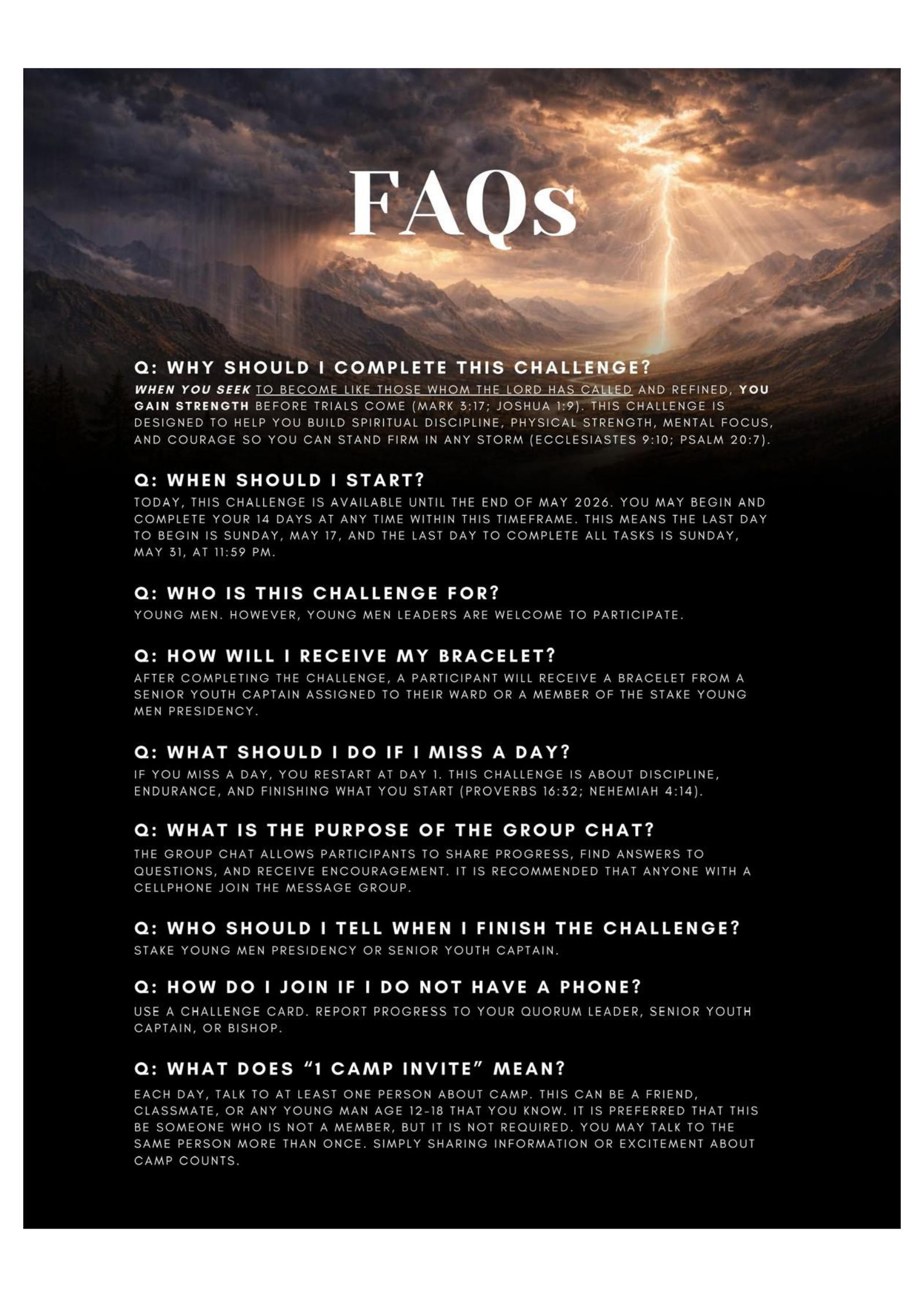
GROW SPIRITUALLY, PHYSICALLY, INTELLECTUALLY, SOCIALLY

THE DISCIPLINED RECEIVE:  
GLOW IN THE DARK "STRENGTH FOR STORMS" BRACELETS

SCAN TO JOIN



SEE BACK FOR DETAILS



# FAQs

## **Q: WHY SHOULD I COMPLETE THIS CHALLENGE?**

**WHEN YOU SEEK TO BECOME LIKE THOSE WHOM THE LORD HAS CALLED AND REFINED, YOU GAIN STRENGTH** BEFORE TRIALS COME (MARK 3:17; JOSHUA 1:9). THIS CHALLENGE IS DESIGNED TO HELP YOU BUILD SPIRITUAL DISCIPLINE, PHYSICAL STRENGTH, MENTAL FOCUS, AND COURAGE SO YOU CAN STAND FIRM IN ANY STORM (ECCLESIASTES 9:10; PSALM 20:7).

## **Q: WHEN SHOULD I START?**

TODAY, THIS CHALLENGE IS AVAILABLE UNTIL THE END OF MAY 2026. YOU MAY BEGIN AND COMPLETE YOUR 14 DAYS AT ANY TIME WITHIN THIS TIMEFRAME. THIS MEANS THE LAST DAY TO BEGIN IS SUNDAY, MAY 17, AND THE LAST DAY TO COMPLETE ALL TASKS IS SUNDAY, MAY 31, AT 11:59 PM.

## **Q: WHO IS THIS CHALLENGE FOR?**

YOUNG MEN. HOWEVER, YOUNG MEN LEADERS ARE WELCOME TO PARTICIPATE.

## **Q: HOW WILL I RECEIVE MY BRACELET?**

AFTER COMPLETING THE CHALLENGE, A PARTICIPANT WILL RECEIVE A BRACELET FROM A SENIOR YOUTH CAPTAIN ASSIGNED TO THEIR WARD OR A MEMBER OF THE STAKE YOUNG MEN PRESIDENCY.

## **Q: WHAT SHOULD I DO IF I MISS A DAY?**

IF YOU MISS A DAY, YOU RESTART AT DAY 1. THIS CHALLENGE IS ABOUT DISCIPLINE, ENDURANCE, AND FINISHING WHAT YOU START (PROVERBS 16:32; NEHEMIAH 4:14).

## **Q: WHAT IS THE PURPOSE OF THE GROUP CHAT?**

THE GROUP CHAT ALLOWS PARTICIPANTS TO SHARE PROGRESS, FIND ANSWERS TO QUESTIONS, AND RECEIVE ENCOURAGEMENT. IT IS RECOMMENDED THAT ANYONE WITH A CELLPHONE JOIN THE MESSAGE GROUP.

## **Q: WHO SHOULD I TELL WHEN I FINISH THE CHALLENGE?**

STAKE YOUNG MEN PRESIDENCY OR SENIOR YOUTH CAPTAIN.

## **Q: HOW DO I JOIN IF I DO NOT HAVE A PHONE?**

USE A CHALLENGE CARD. REPORT PROGRESS TO YOUR QUORUM LEADER, SENIOR YOUTH CAPTAIN, OR BISHOP.

## **Q: WHAT DOES "1 CAMP INVITE" MEAN?**

EACH DAY, TALK TO AT LEAST ONE PERSON ABOUT CAMP. THIS CAN BE A FRIEND, CLASSMATE, OR ANY YOUNG MAN AGE 12-18 THAT YOU KNOW. IT IS PREFERRED THAT THIS BE SOMEONE WHO IS NOT A MEMBER, BUT IT IS NOT REQUIRED. YOU MAY TALK TO THE SAME PERSON MORE THAN ONCE. SIMPLY SHARING INFORMATION OR EXCITEMENT ABOUT CAMP COUNTS.